
Dental Referrals

Please note that the referrals dept only submits the authorization request (and necessary supporting documents). Your dental insurance selects the provider you need to see, and the insurance will mail you a notice with the referral information.

If you are approved for a specialty dental service but want to go to a different location or see a different provider, you do not need to contact us, instead, simply contact your dental insurance provider to arrange that!

Who to contact:

- Liberty Dental Plan: 1-888-273-2997
- Denta Quest Plan: 1-888-278-7310

Referrals for Uninsured/ Patients with Non-Contracted Insurances

If your primary care provider placed a referral, but you are uninsured, note that:

- Referral department will submit necessary documents to the Spirit Program for approval. Should you qualify, the Spirit Program staff will contact you directly.
- If you don't hear anything within 4-6 weeks, contact Referral Dept at 916-341-0575.

If your primary care provider placed a referral and you are insured with non-contracted insurance, note that we do not have access to non-contracted insurance portals and are unable to process or follow up on these referrals.

- Referral Department will notify you of the out-of-network status of your plan and will print necessary documents for you to use when you contact your insurance.
- You need to contact your insurance company to find a contracted/in-network specialist.